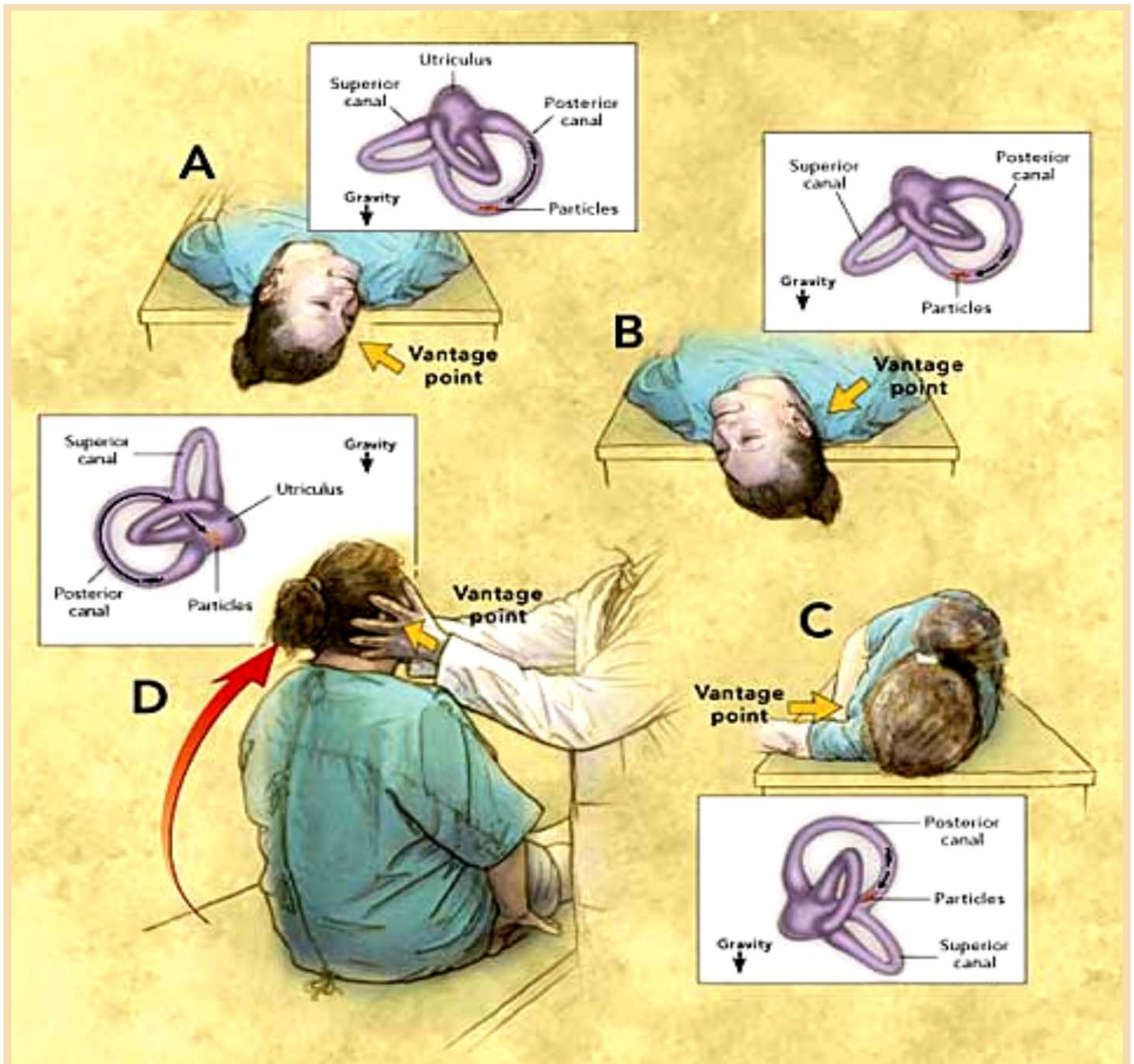


Benign Paroxysmal Positional Vertigo



Step A. Perform the Dix-Hallpike test with the patient's head rotated 45° toward the affected (right) ear, the neck slightly extended, and the chin pointed slightly upward

Step B. When the vertigo and nystagmus provoked by the Dix-Hallpike test stop, rotate the patient's head about the rostral-caudal body axis until the unaffected ear is downward.

Step C. Further rotate the head and body until the patient is face down, and maintain this position for 10 to 15 seconds

Step D. Keeping the head facing toward the shoulder on the unaffected side, bring the patient to a seated position and keep the head tilted so that the chin points slightly downward.

(Adapted from Furman and Cass 1999)